



ADVENTURE COURSES

All Aboard- Students must relinquish their personal space in order to all work together to achieve their goal of being "ALL ABOARD."

Bomb Diffuser- Students will be challenged to focus on the goal, share ideas, effectively communicate, as well as respect others ideas and differences. They will also discover that they are an important part of the whole and that their actions impact those around them.

Cave- Students must rely on their senses to move around the cave blindfolded in search of the right way out of the cave. They are challenged to look out for others as well as themselves.

Climbing Wall- Students will work to reach the top by climbing a forty foot tower! They will be held by harnesses and a belay line. Safety first!

Entrapment-Students learn effective communication skills used in problem solving. This element promotes the importance of effective communication among individuals within the group.

Hexapod – Our new addition! This is a multi-level, multi-challenge structure that allows students to build confidence as they move through each element of the Hexapod. The hexapod promotes self-confidence, allowing each student to progress as far as he or she can, with the opportunity to go one more level. A climate of encouragement to and from others exists throughout the Hexapod experience.

Maypole- Students must work as a team in order to untangle the ropes. This gets tricky when they are instructed to never let go of their rope.

Mountain Tops- This element is very challenging and rewarding for the students. Mountain Top success requires the group to communicate and problem solve, demonstrate leadership, make good decisions, and follow specific directions. Upon completing the challenge, students will have a heightened sense of self-worth and achievement in themselves and others.

Nitro Crossing- Students will learn to deal with individual differences as well as sudden changes in plans. This element will also teach the importance of effective communication.

Porthole- Students will achieve a higher level of trust and support from the group. Through accomplishing the goal there will also be a heightened sense of accomplishment, excitement, and motivation.

Spider Web- Students will support one another both physically and emotionally as a team to actively strategize, plan, and put their ideas into action. Trust and respect for one another will again be reinforced.

T.P. Shuffle- Students begin to laugh, have fun, and feel comfortable accepting help from others as they follow the guidelines for this challenge.

Triangle Traverse- Students will learn to rely on each other for safety as they move cautiously across the cables with a partner.

Whale Watch- Students will be challenged to work together as a team, cooperatively, respect other's ideas, and keep it balanced.