



Highland Lakes Camp Outdoor Learning Center Adventure Course Overview

All Aboard- Students must relinquish their personal space in order to all work together to achieve their goal of being "ALL ABOARD."

Bomb Diffuser- Students will be challenged to share ideas, effectively communicate, and respect other's ideas and differences. Students will also discover that they are an important part of the whole and that the actions of an individual will impact those around them.

Cave- Students must rely on their senses to move around the cave blindfolded in search of the right way out of the cave. They are challenged to look out for others as well as themselves.

Climbing Wall- Students will work to reach the top by climbing a forty foot tower! They will be held by harnesses and a belay line. Safety first!

Entrapment- Students learn effective communication skills used in problem solving. This element promotes the importance of effective communication among individuals within the group.

Islands- A set of challenges requiring students to use problem solving and communication skills to successfully move through a series of platforms.

Maypole- Students must work as a team in order to untangle the ropes. This gets tricky when they are instructed to never let go of their rope.

Mohawk Walk- Students will strategize as a team to successfully complete the challenge of working their way through a series of cables without touching the ground. An awareness of their need of support and help from time to time will become evident.

Mountain Tops- This element is challenging and rewarding for the students. Success in Mountain Tops requires the group to communicate and problem solve, demonstrate leadership, make good decisions, and follow specific directions. Upon completing the challenge, students will have a heightened sense of self worth and achievement for themselves and others.

Nitro Crossing- Students will learn to deal with individual differences as well as sudden changes in plans. This element will also teach the importance of effective communication.

Porthole-Students will achieve a higher level of trust and support from the group. Through accomplishing the goal there will also be a greater sense of accomplishment, excitement, and motivation.

Spider Web-Students will support one another both physically and emotionally as a team to actively strategize, plan, and put their ideas into action. Trust and respect for one another will again be reinforced.

T.P. Shuffle-Students begin to laugh, have fun, and feel comfortable accepting help from others as they follow the guidelines for this challenge.

Triangle Traverse-Students will learn to rely on each other for safety as they move cautiously across the cables with a partner.

Whale Watch-Students will be challenged to work together as a team, cooperatively, respect other's ideas, and keep it balanced.